



Crossing Cooperative Nursery School
Suggested Snack List



NO PEANUTS OR PEANUT PRODUCTS PLEASE

Please choose from the items listed below when providing snack and drink for your child's class:

- | | |
|--|-------------------------------|
| Apple Slices | Meat/Tuna mini sandwiches |
| Applesauce | Melon chunks |
| Bagels (mini) with Butter or Cream Cheese | Muffins (check ingredients) |
| Bananas | Nutrigrain Bars (check label) |
| Carrot and/or Celery Sticks | Orange Smiles or Clementines |
| Cheerios, plain or other non-sugary cereal | Pineapple chunks |
| Cheese (cubes, slices and sticks) and Crackers | Popcorn |
| Cheese sandwiches (mini) | Pretzels (check ingredients) |
| Cream cheese and jelly sandwiches (mini) | Strawberries |
| English Muffin Pizzas | String cheese |
| Fruit Juice Popsicles (100% fruit) | Vegetables with Dip |
| Fruit Kabobs | Yogurt |
| Fruit Salad | Yogurt Popsicles |
| Goldfish Crackers | 100% Fruit Juice |
| Graham Crackers | Milk |
| Grapes (sliced in half) | Mini water bottles |
| Jigglers made with 100% Fruit Juice | |

Please **do not send** items from the following list for snack-time.

- | | |
|---|------------------------------------|
| Candy | Fruit Punch (not 100% fruit juice) |
| Cheese Curls | Gatorade |
| Cookies and Cupcakes
(except for birthday or holiday celebrations) | Hawaiian Punch |
| Donuts or Donut holes | |
| Doritos Chips | |
| Fruit Roll-ups | |
| Gummy Snacks | |
| Pastry | |
| Potato Chips | |

Thank you so much for your anticipated cooperation!