



Crossing Cooperative Nursery School Suggested Snack List



NO PEANUTS OR PEANUT PRODUCTS PLEASE

Please consider choosing from the suggested items listed below when providing snack for your child's class unless there is a particular class snack plan already in place:

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|------------------------------------------------|---------------------------------------------------------|
| Apple Slices | Meat/Tuna mini sandwiches |
| Applesauce | Melon chunks |
| Bagels (mini) with Butter or Cream Cheese | Muffins (check ingredients) |
| Bananas | Nutri grain/Granola Bars (check labels) |
| Carrot and/or Celery Sticks | Orange Smiles or Clementines |
| Cheerios, plain or other non-sugary cereal | Pineapple chunks |
| Cheese (cubes, slices and sticks) and Crackers | Popcorn |
| Cheese Sandwiches (mini) | Pretzels (check labels) |
| Cream cheese and jelly Sandwiches (mini) | Strawberries, Blueberries, Raspberries,
Blackberries |
| English Muffin Pizzas | Vegetables with Dip and/or Hummus |
| Fruit Juice Popsicles (100% fruit) | Yogurt |
| Fruit Kabobs | Yogurt Popsicles |
| Fruit Salad | Milk |
| Goldfish Crackers | Water |
| Graham Crackers | Watermelon/Cantaloupe |
| Grapes (sliced in half) | |
| Jigglers made with 100% Fruit Juice | |

Please **do not send** items from the following list for snack-time except for birthday or holiday celebrations.

- Candy
- Cheese Curls
- Cookies and Cupcakes
- Donuts or Donut holes
- Doritos Chips
- Fruit Roll-ups
- Gummy Snacks
- Pastry
- Potato Chips

Thank you so much for your anticipated cooperation!